## Grindelia - extract

Product Narrative, T. S. Fox, Ph.D.

The elixir is the resin of *Grindelia squarrosa* extracted in ethyl alcohol. This is an amazingly effective plant. It is commonly called gumweed, curly cup gumweed and resin plant.

Use up to four parts light weight syrup (from canned fruit) to one part elixir. Use four cc per 100 lb. weight for carnivores orally as needed, cut with honey, syrup, juice or any palatable liquid. Grindelia extract should be cut 50/50 with water when used for gargling.

For horses four oz. of the cut elixir b.i.d. for two or three days.

Large doses may cause profuse sweating (i.e. more than five cc of the uncut elixir per 100 weight).

## DISCLAIMER

We did not invent the use of botanicals. We do not recommend that the use of botanicals should be undertaken on the strength of our restatement of historical usage and documented research.

We do restate well documented traditional efficacy and the results of ongoing research. Personal experience is included where deemed appropriate.

Regardless of the merits of any botanicals, side effects do sometimes occur. These may be real or imagined. Always seek the counsel and advice of qualified medical professionals and use caution with any botanicals. We do not accept responsibility for the use or misuse of any product put forth or any information provided.

## **NOTES**

- 1. Oral dosages as given are for carnivores by body weight. It is advised to dose low initially and adjust upwards as the circumstances direct.
- 2. Do not scale up dosages for large herbivores by their weight! Large herbivores, such as cattle or horses, usually require approximately twice the dosage of a 200 lb. carnivore.