

Licorice - extract

Product Narrative, T. S. Fox, Ph.D.

Licorice supports healthy liver, stomach and immune systems.

Dosage recommended is one cc per 50 pounds weight t.i.d. daily for carnivores. Use eight cc twice daily for large herbivores. It is advisable to use in conjunction with a water pill.

Overdose for an extended period of time may cause paralysis.

Licorice is contraindicated during pregnancy.

Licorice extract is recommended instead of isolated components of licorice such as glycyrrhizin. The mistake of single active ingredient products is a root cause of aggravative drug side effects. The whole herb, root or extract of the whole herb or root has a much reduced incidence of side effects and the side effects that do occur are lessened in strength.

Interactions are rare, however, there is some indication that licorice interacts with Digoxin.

Glycyrrhizin may inhibit prednisolone metabolism.

Side effects with large doses, given over a long time period, include: lethargy, muscular flaccidity, and one case of paralysis.

DISCLAIMER

We did not invent the use of botanicals. We do not recommend that the use of botanicals should be undertaken on the strength of our restatement of historical usage and documented research.

We do restate well documented traditional efficacy and the results of ongoing research. Personal experience is included where deemed appropriate.

Regardless of the merits of any botanicals, side effects do sometimes occur. These may be real or imagined. Always seek the counsel and advice of qualified medical professionals and use caution with any botanicals. We do not accept responsibility for the use or misuse of any product put forth or any information provided.

NOTES

1. Oral dosages as given are for carnivores by body weight. It is advised to dose low initially and adjust upwards as the circumstances direct.
2. Do not scale up dosages for large herbivores by their weight! Large herbivores, such as cattle or horses, usually require approximately twice the dosage of a 200 lb. carnivore.