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Hyperthyroid:

Bugleweed extract effectively binds thyrotropin and Graves thyroid stimulating immunoglobulin (TSI) and precludes receptor activation. Lemon balm extract also does so to a lesser extent. The mechanism of action of the extracts of Lycopus (i.e. bugleweed) and Melissa (i.e. lemon balm) is debated. However that it is effective is well documented.

Levo-carnitine (L. carnitine) is a thyroid inhibitor.

Bugleweed used alone is usually effective on mild cases of hyperthyroid. The appropriate dose is 0.1 to 0.2 cc per 10 pounds weight, bid. For more severe conditions, we supply a product called Thyrolyte. It is Lycopus and Melissa extract with 350 mg/ml of L-carnitine per cc.

Results obtained since these products were introduced in mid-2007 indicate that a high level of success can be expected. For patients already on other drugs (e.g. Tapazole) we recommend phasing out present drugs and phasing in Bugleweed a/k/a Hyperthyroid Support, or Thyrolyte depending on the severity of the problem. Neither of these medications is hard on the liver or kidneys.