

Arnica - extract

Product Narrative, T. S. Fox, Ph.D.

The extract is made from *Arnica fulgens*. Arnica is effective as a topical soothing agent

Arnica liniment can be cut with glycerin to extend the product, thicken it and reduce waste. Arnica liniment is to be applied liberally onto the target area every 4 to 6 hours as needed. At each application allow the liniment to evaporate and repeat three times.

The product is toxic when taken internally and stings when applied topically to raw flesh.

Contact irritation is sometimes noted. The liniment is for topical use only.

DISCLAIMER

We did not invent the use of botanicals. We do not recommend that the use of botanicals should be undertaken on the strength of our restatement of historical usage and documented research.

We do restate well documented traditional efficacy and the results of ongoing research. Personal experience is included where deemed appropriate.

Regardless of the merits of any botanicals, side effects do sometimes occur. These may be real or imagined. Always seek the counsel and advice of qualified medical professionals and use caution with any botanicals. We do not accept responsibility for the use or misuse of any product put forth or any information provided.