

Valerian - extract

Product Narrative, T. S. Fox, Ph.D.

Valeriana sitchensis is commonly named sitka valerian. It is the most potent of the valerian depressants and has long been used as a calming agent for travel and separation.

Two cc orally per 100 lb. weight for carnivores is recommended. Use eight to twelve cc for large herbivores.

Occasional occurrence of reverse reaction is noted as well as occasional bad dreams and headaches.

Veterinarian's use Valerian for:

- separation issues,
- animals that don't travel well,
- thunderstorm and 4th of July dogs,
- horses that don't want to be shod or handled,
- excited animals, etc.

DISCLAIMER

We did not invent the use of botanicals. We do not recommend that the use of botanicals should be undertaken on the strength of our restatement of historical usage and documented research.

We do restate well documented traditional efficacy and the results of ongoing research. Personal experience is included where deemed appropriate.

Regardless of the merits of any botanicals, side effects do sometimes occur. These may be real or imagined. Always seek the counsel and advice of qualified medical professionals and use caution with any botanicals. We do not accept responsibility for the use or misuse of any product put forth or any information provided.

NOTES

1. Oral dosages as given are for carnivores by body weight. It is advised to dose low initially and adjust upwards as the circumstances direct.
2. Do not scale up dosages for large herbivores by their weight! Large herbivores, such as cattle or horses, usually require approximately twice the dosage of a 200 lb. carnivore.